Manitoba

Annual Report 1986 - 87

Alcoholism Foundation of Manitoba

Manitoba

Minister of Health
Minister Responsible for Sport

7th Floor
175 Hargrave Street
Winnipeg, Manitoba, CANADA
R3C 3R8

The Honourable George Johnson
Lieutenant-Governor
Province of Manitoba

May It Please your Honour:

I respectfully submit herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1986/87.

Sincerely,

L. L. Desjardins

Hon. L. L. Desjardins,
Minister of Health

ALCOHOLISM FOUNDATION OF MANITOBA

The Honourable L. L. Desjardins
Minister of Health
Province of Manitoba
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1986/87.

Sincerely,

Judge Charles N. Rubin,
Chairman,
Board of Governors

1031 Portage Avenue, Winnipeg, Manitoba R3G 0R8 (204) 944-6200

CHAIRMAN'S REMARKS

This year, the Foundation has focused its efforts on priority planning and program initiatives in the face of diminished economic resources.

The Foundation continues to address the issues identified by the strategic planning process to meet future challenges. Work has progressed on the development of Service Standards for the Foundation's programs to ensure consistent and quality programming throughout the province. The Government has indicated its intention to move towards deinstitutionalized health care as one means of addressing rapidly rising health care costs. Through the review of existing methods of service delivery, the Foundation is working to develop new delivery methods for AFM services throughout the Province.

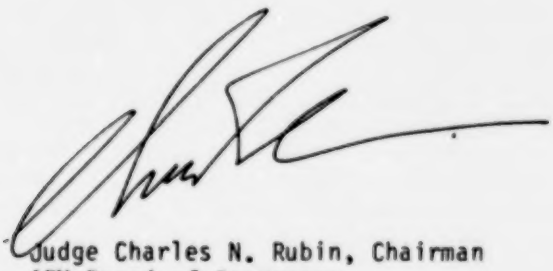
The AFM Board of Governors formally adopted a Prevention Directions paper to set program objectives and to focus the AFM's various activities within the alcohol and drug abuse prevention field. This exercise will serve to delineate the directions AFM prevention efforts will take over the next several years.

A particularly encouraging development has been the establishment of a youth worker based in Selkirk. The local HUB Committee has played a significant role in the establishment and implementation of this program. The Committee, comprised of active and interested individuals from Selkirk and the surrounding community, initially identified the need for alcohol and drug services resulting from problems caused by youthful alcohol and drug abuse. The Committee has been of great assistance to the AFM since the implementation of the program by providing strong support for AFM activities within the community.

In the future, developments related to the Federal Government's National Drug Strategy will prove to be beneficial to all Manitobans. The AFM and other interested groups throughout the province have provided input to the development of the Strategy, and the programs developed from these consultations will serve to address the needs identified by Manitobans.

The AFM continues to be grateful for the dedication and hard work of individuals involved in the alcohol and drug abuse field in Manitoba, including the general community, self-help groups, funded agencies, and program staff.

Due to the efforts of these concerned and committed people, the alcohol and drug abuse field continues to play a vital role in meeting the needs of our clients.



Judge Charles N. Rubin, Chairman
AFM Board of Governors

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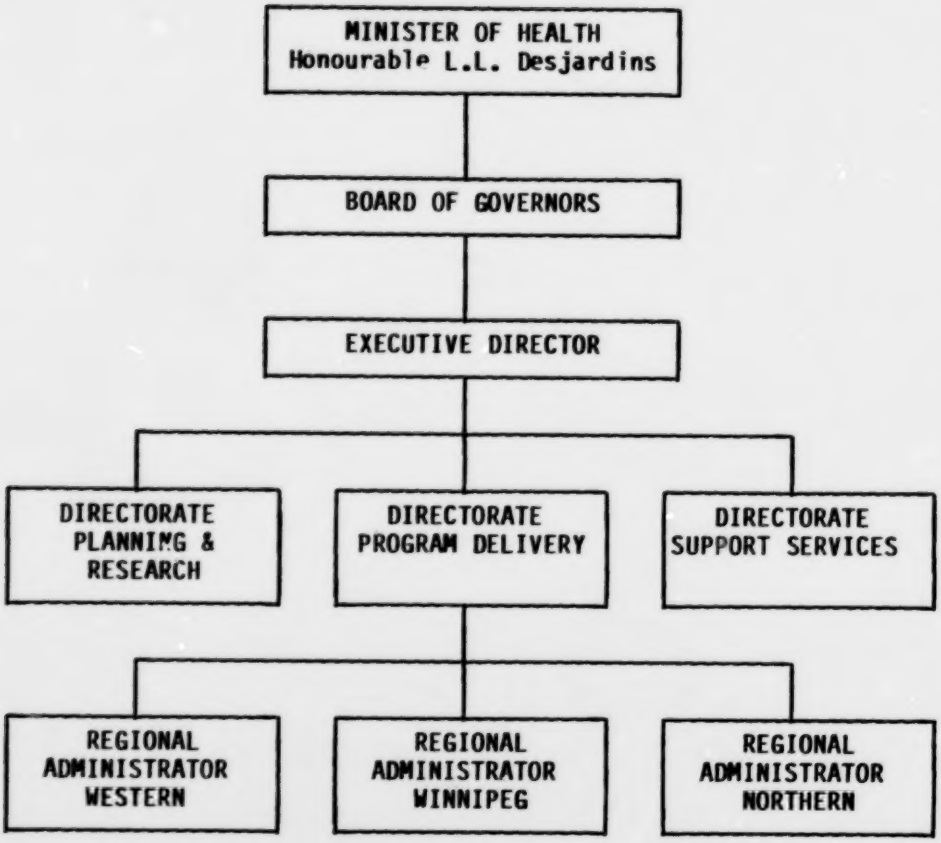
THE ALCOHOLISM FOUNDATION OF MANITOBA - ORGANIZATIONAL CHART



THE ALCOHOLISM FOUNDATION OF MANITOBA
BOARD OF GOVERNORS
1986 - 1987

BOARD OF GOVERNORS

Judge Charles N. Rubin
Chairman
Winnipeg

Mr. Thomas McNeil*
Vice-Chairman
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St. Boniface

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Letellier

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Mr. Jim Sanders
Thompson

Ms. Doris Young
Winnipeg

Dr. Nady el-Guebaly
Winnipeg

Ms. Vicki Yakemishin
Dauphin

*Resigned

THE ALCOHOLISM FOUNDATION OF MANITOBA

SENIOR OFFICERS

Ian J. Puchlik
Executive Director

Dr. Jerry Dragan
Director, Program Delivery

Linda DuBick
Director, Planning & Research

Tim Duprey
Director, Support Services

REGIONAL ADMINISTRATORS

Glen Gordon
Northern Region

Marston Grindey
Western Region

Herb Thompson
Winnipeg Region

THE DIRECTORATE REPORTS

THE DIRECTORATE OF PROGRAM DELIVERY

The Directorate of Program Delivery is the service arm of the Foundation. Established in 1983, this Directorate provides treatment and prevention programs/services throughout the province. Programs are delivered a) residentially, b) via community-based and itinerant staff, and c) through existing community organizations and associations. The specific activities of the Directorate support and contribute to the goals of the Foundation as reflected in its corporate planning processes.

A major new initiative for the Foundation in 1986 has been the expanded Impaired Drivers' Program. The AFM has operated a program for persons convicted of a second or subsequent impaired driving offense since 1980. To coincide with changes to the Criminal Code together with amendments to the Highway Traffic Act, the AFM's Impaired Drivers' Program has been expanded to include first offenders. This program was prompted by society's increased concern over drinking and driving, and is an integral part of the province's comprehensive plan to address the problem of impaired driving in Manitoba.

The Impaired Drivers' Program is designed to assess the chemical use of the offender, and to provide the level of intervention required. The program consists of three components: the Assessment, the High Risk educational workshop, and a Treatment program. For those persons assessed as being at risk or having an identified alcohol problem, the educational workshop and/or the treatment program is provided. This overall process has the potential to provide for early intervention into chemical use problems as well as supporting those people with problems to seek help.

A province-wide review of Prevention Services was initiated during 1985, with a view to establishing a clear focus and mandate for this important segment of AFM programming. In June, 1986, the Board of Governors endorsed the concepts and specific directions proposed within the Prevention Paper. The net result is the confirmation of a short range (3-year) prevention plan - which includes definitions, goals, focus, identification of priority target substances, timelined objectives and implementation strategies.

In January, 1986, the Foundation's Board of Governors approved the Women's Services Policy. In June 1986, the Women's Services Policy Implementation Plan was finalized. The plan identified major issues related to AFM programs for women and recommended further action. Objectives for implementing the recommendations were subsequently developed. One of the major thrusts for this Directorate in 1987 will be the implementation of the various objectives throughout the province.

Last Fall, the Program Delivery Directorate undertook to re-examine and further refine all facets of residential treatment. Phase 1 involved a review of tapes and films used in treatment. This project has successfully reduced the number of tapes/films in use, ensured that all materials utilized are the latest available, and developed an orderly replacement schedule. The second Phase was to coordinate a provincial effort to standardize the "case management process" for our treatment centres. This was to encompass both the process and corresponding forms to be used for intake assessment and discharge. This process was completed June, 1986 and implementation was phased in shortly thereafter. The third Phase - Review of the Ingredients of the Treatment Process - is presently in progress. A working group has been appointed to review and propose improvements to the action ingredients of residential treatment (i.e., the specific activities and methods which are utilized after a client has been admitted to residence). These three ventures represent a considerable investment in meeting the continuous challenges of upgrading, refining, and standardizing our residential treatment program. Moreover, they reflect commitment to quality service.

Another new initiative for the Directorate, is commencement of work on the design of a comprehensive training program for Rehabilitation Counsellors within the Foundation. The proposed program is intended to provide Counsellors with both the cognitive and developmental learning experiences to ensure maximum functioning in their positions. This training program will be one year in duration. Attendance will be mandatory for existing AFM Counsellors. As well, successful completion will be a condition of employment for persons seeking counselling positions within the AFM in the future. Development of the program will be completed by the end of 1987 and implementation will commence in mid-1988.

TREATMENT

Winnipeg Region - Treatment Services

The **Winnipeg Region**, which encompasses the Central, Eastman and Interlake areas of the province, operates a fifteen-bed Reception Unit, a thirty-bed Residential treatment centre for men, and a fifteen-bed Residential treatment centre for women. The Region also offers adult Non-residential treatment and an Affected Persons program. A Youth Non-Residential Program is offered within Winnipeg, as well as a Parents Program for parents concerned with their children's chemical use.

The **Reception Unit** provides both Intake/Screening and Residential services (Primary Care) to men and women requiring a safe, medically-supervised environment for minor withdrawal. Intake/Screening provides an initial asssessment function which identifies the client's problems and refers him/her to the

appropriate service. The Primary Care area assists individuals to recognize that, though ill from the effects of intoxication or chemical use, they must make a decision requiring long-term treatment--with abstinence being the goal. From the Reception Unit, clients are referred to the appropriate treatment service.

The **Men's Residential Program,** as well as the **Women's Residential Program (River House)** offer intense programs which allow clients to begin to develop new ways of living without the use of alcohol and other drugs. Both programs are comprehensive in nature, and offer continuing care and follow-up components upon completion of the residential program. While in the residential setting clients attend weekly institutional A.A. meetings. Throughout the residential treatment process clients are linked with various external A.A. groups for ongoing support.

The **Adult Non-Residential Program** is offered to persons who are addicted to alcohol and other drugs, but who have sufficient community resources and supports in place which allow them to maintain their day-to-day living without experiencing additional problems. The Non-Residential Program also offers an Affected Persons Program for those significant other persons who are affected by the chemical use of a family member or friend.

The **Youth Non-Residential Program** continues to experience a steady flow of referrals from the justice and school systems, as well as from parents. The program offers one-on-one counselling; high risk and treatment components. The high risk component of the program provides counsellors with the opportunity to further assess the possibility of treatment requirements for clients. It also provides clients with an opportunity to take a closer look at their use of alcohol and other drugs, and the harmful effects this use has caused. The Youth Non-Residential Program area offers a Parents Intervention Program which is designed for those parents who are concerned about their children's use of mood altering substances.

Alcohol education programs offered at Stony Mountain (Federal) and Headingley (Provincial) correctional institutions have continued during 1986/87. However, as of April 1/87, the Headingley program will be offered exclusively by the staff of that institution. Comprehensive training has been provided to correctional staff over the winter in preparation for this move.

During 1986, significant networking activities occurred with a variety of businesses, health and social service organizations throughout the Region. **Employee assistance** liaison has been instituted with Inter-City Gas, City of Winnipeg, Manitoba Hydro, Boeing of Canada, Manitoba Horse Racing Commission and various general hospitals. On-going **education/information sessions** are conducted at the Kildonan Medical Centre-Family Practice Unit and the Misericordia and Grace Hospital Schools of Nursing.

Practicums continue to be conducted with the University of Manitoba's School of Social Work, Faculty of Medicine, and Department of Psychology (Masters Program), as well as with the Selkirk School of Psychiatric Nursing. AFM also provides work experience opportunities for a number of employment re-entry organizations.

Northern Region - Treatment Services

In the **Northern Region**, Residential treatment services at Polaris Place, 23 Nickel Rd., Thompson were enhanced through the addition of "vertical services" (i.e., the client remains with the same counsellor through all phases of treatment) and extended hours of programming. The facility now has the capability to provide **Residential treatment services** to fifteen (15) people. Supplementing its counselling staff (five) are two third-year students from the School of Social Work. The latter are involved in lecturing, counselling on a one-to-one basis and group counselling. They are also presently carrying a limited caseload under the direction of the AFM counsellors.

All treatment counsellors attended a Counselling the Alcoholic Client follow-up Workshop in February, 1987 and in March, 1987 attended a staff training Workshop on Essential Prevention Concepts and Strategies.

Several staff members from Polaris Place are involved with **Provincial Committees** dealing with current concerns (eg. Core Materials Package and Revisions, Standards Development, Women's Issues, Rehabilitation Counsellors training and the Treatment Review). We are presently in the process of setting up a system through which all staff members will be able to give feedback on issues and concerns surrounding these Committees and other areas.

The Northern Region operates an eight bed, male **Half-way House** at Polaris Place and a proposal is being drafted to increase this by a further eight beds to accommodate female clients.

A large meeting room on the third floor has been renovated for use by AFM staff for educational workshops and staff meetings.

Four **satellite offices** are operational in the Northern Region, (The Pas, Flin Flon, Gillam and Leaf Rapids). The Gillam and Leaf Rapids offices (positions relocated from Thompson) were opened during this past year and are a valuable asset to the Non-residential treatment program. The Flin Flon office moved from the Flin Flon General Hospital to the new Provincial Building on May 1, 1986. The new offices are more spacious and provide for more privacy for confidential counselling of clients. The Pas office has also relocated to allow for additional office space for

a counsellor and a part-time secretary for the Impaired Driver Program.

Western Region - Treatment Services

The **Western Region** operates treatment centres in Brandon (Sun Centre) and Ste. Rose du Lac (Willard Monson House) as well as Non-residential services in Brandon, Dauphin, Rossburn and Minnedosa.

Extended services commenced in Sun Centre and Willard Monson House on May 26, 1986. With six days of programming and evening service provided by Counsellors, client programming activities have increased.

An improved **back-up system** for Residential staff working alone was instituted by introducing the use of mobile phones and a beeper system.

The staff at Willard Monson House and Sun Centre have provided direct training to four **student Counsellors** from the Peguis Alcare Treatment Centre. The students spent four weeks going through the actual program and eight subsequent weeks training on shift as Attendants.

In an effort to improve **client safety** and the physical environment in general, considerable renovations were made at Willard Monson House and Sun Centre. At Willard Monson House, in addition to the renovation, panic hardware, emergency lighting, and a central fire alarm system were installed. At Sun Centre, in preparation for that Centre's 10th Anniversary celebration, a refurbishing program was undertaken.

Recognizing the ever changing needs and demands of our clients, **staff training** has taken a high priority for staff in Treatment centres. Utilizing internal resources and on-site training, limited disruption of client services has resulted. Some of the sessions included crisis management, routine procedures, Big Book session delivery, problem-oriented recording, group counselling skills, and emergency services - including C.P.R.

Alcohol Treatment Workers in Rossburn, Minnedosa, Brandon and Swan River continue to provide direct counselling services to clients in the Western Region. They have networked on an ongoing basis with helping agencies, caregivers and community and health groups to ensure a high level of care for clients. There has been particular emphasis on establishing and following through on link-ups between clients and treatment staff to ensure the continuum of care is not broken.

In maintaining an early intervention strategy, assistance was provided to seven organizations to develop and implement Employee Assistance Programs.

The Rossburn office was relocated to larger quarters to accommodate the Impaired Driver Program staff. Now located in the front of the Hillcrest building, this location offers easy access to the public.

There has been an increased demand for **Youth Services in the Western Region.** This has been met in part by some close agency networking to establish a S.T.O.P. program in Swan River and an alcohol and drug awareness program for adolescents in group homes in Brandon.

PREVENTION

Winnipeg Region - Prevention Services

Winnipeg Region continues to experience a heavy demand for its' education/information programs (Chemical Dependency Intervention Course; Basic Counselling Skills; Management of Intoxicated and Disruptive Persons; Drugs and the Elderly; Kids and Drugs; Youth In Control), as well as demands for specific programs pertaining to women and addictions and the Native population.

Native training staff deliver a variety of courses and programs throughout the area. Workshops have been held at Roseau River Reserve, Hollow Water Reserve, Peguis Alcare Centre, Rolling River Reserve and Sioux Valley. Training programs are being offered to staff of the new N.N.A.D.A.P treatment centre in Hodgson, Manitoba. This training is being carried out in cooperation with the Department of Labour through their New Careers Program. Workshops are also offered, on a continuous basis, to volunteers and professionals working with persons of native extraction through Anishinabe R.E.S.P.E.C.T.

Extensive work occurred with **Actor's Showcase** in developing a play entitled "Getting Wrecked" - which focussed on women and drugs. The play was presented to sixty high schools throughout the province, and was open to the general public at the Gas Station Theatre.

Staff continue to be involved in a number of activities relative to parent education and the elderly as these relate to drug issues. **Volunteer leaders** are trained to deliver the Kids and Drugs Parents Program. Staff are examining the feasibility of adapting Peer Programs for the elderly. A network of individuals has been developed to review this issue.

The AFM has participated in providing tapes for the Telephone Health Line service which is operated by the Manitoba Medical Association. The tapes cover a variety of issues pertaining to alcohol, marijuana and other drugs.

Winnipeg Region undertook the development and delivery of an advanced one-month training program on alcohol and drug-related problems for counsellors within the Armed Forces. The program was specifically designed for, and delivered to personnel of the **Department of National Defense.**

AFM rural staff continue to work in close cooperation with community committees in Selkirk, Ashern and Portage la Prairie.

The **Ashern Community** is actively involved with the school system in the delivery of information sessions, and in increasing the awareness of the harmful effects of alcohol and other drugs.

The **Selkirk Community,** through the HUB Committee, offers a variety of information programs. The declaration proclaiming National Drug Awareness Week, was signed by the Hon. Howard Pawley, Premier of Manitoba in Selkirk. The HUB Committee also offers an alcohol/drug information program for youth who are referred from the school and legal systems.

The **Portage la Prairie Committee** continues to be involved with delivering a Youth In Control Information Program.

In addition, staff work with committees such as Project Prevention, Safe Graduation, Manitoba Interagency Council on Smoking and Health, Provincial Impaired Driving Advisory Committee, Manitoba Safety Council, Employee Assistance Association and Nurses at Risk.

Northern Region - Prevention Services

The **Northern Region** Community Mobilization is managed primarily by field staff in The Pas and Thompson and supplemented by regional treatment staff. Prevention activities this past year included sessions on Intervention Through Networking, Addiction and the Family, Structured Intervention, Effects of Alcohol on the Family, Alcohol and Drug Awareness, Tuning In To Health, Chemical Dependency Intervention Course and the Counselling the Alcoholic Client course.

General high school programs are in place in the Northern Region, eg. Student Match in The Pas and Thompson, and Ombudsman and Peer Facilitation in Thompson. Another Partners in Prevention Weekender was held in Thompson in February and again was a great success.

Recurrent training for Inco staff and union representatives in the Employee Assistance program was offered in March, 1987. A number of presentations have also been made to the School Board and School Administration of the Kelsey School Division in The Pas with a view to establishing a Teacher/Employee Assistance program and Student Assistance program.

A total of fourteen (14) **Impaired Driver Workshops** were held in the Northern Region over the past year with a total of 64 participants. In the fall of 1986, two part-time Impaired Driver Program secretaries were hired, one each for the Thompson and The Pas offices.

Western Region - Prevention Services

The Western Region has been involved with **community committees** in Russell, Rossburn, Shilo and Dauphin/Ste. Rose du Lac in a variety of activities to raise public awareness of alcohol/drug problems.

A survey of school principals in the Western Region indicated that a minimum of 60% of elementary schools are using the AFM's drug and alcohol education program - **Tuning In To Health.** Teachers in the Parklands area have been in-serviced for the Junior High Tuning In To Health and the teachers in Westman will be in-serviced over the next six months.

A number of **courses** including Chemical Dependency Intervention Course, Counselling the Alcoholic Client, Management of Intoxicated Clients, and Parenting Courses have been offered to the public. These have often been on-site in the communities to allow for greater involvement.

REGIONAL ADVISORY BOARDS

Northern Region Advisory Board

The Northern Region Advisory Board has focussed its efforts over the past year on a) revising its **Terms of Reference,** b) filling vacancies on its Board, and c) establising itself as a production partner with Regional staff in developing new programs. To date, they have completed a draft revision of their Terms of Reference which they will share with the Western Region Advisory Board. The goal is to develop a common Terms of Reference for both Boards that can be presented to the Board of Governors for its consideration.

A small **membership recruitment committee** has been established to recruit new members to the Advisory Board.

Four Advisory Board members have volunteered to act as **liaison linkages** between Regional staff working on a variety of program development committees and the Advisory Board as a whole.

Western Region Advisory Board

A major concern for the Western Region Advisory Board members, over the past year, has been the need for greater **community representation** throughout the Western Region. With encouragement from the Advisory Board and staff of the A.F.M., a number of citizens from Ste. Rose du Lac and Dauphin formed the Parkland Alcohol and Drug Action Committee. Now active, this Committee and the Advisory Board communicate by sharing Minutes of meetings and being open to each others' concerns.

The Advisory Board has identified a concern regarding the possible need for the **replacement of Sun Centre.** While waiting the results of an engineering analysis of Sun Centre, the advisory Board contemplates this concern will require their close attention during the upcoming year.

THE DIRECTORATE OF PLANNING AND RESEARCH

The Planning and Research Directorate supports the work of the Foundation by addressing corporate priorities, emerging issues and trends. It coordinates strategic planning and conducts policy research, analysis and development; and is responsible for developing service standards to be used for internal program audits. The Directorate also conducts research into alcohol and drug abuse prevention and treatment, and provides program liaison and consultation to external agencies funded by the Foundation.

A Corporate Strategic Planning process was initiated in 1985. During 1986, the first cycle of the process was undertaken, resulting in the adoption of a formal Corporate Strategic Plan encompassing eight priority issues. Workplans for their resolution have been developed, linked to the 1987/88 Estimates process when necessary. Considerable progress was achieved for all priority issues, and the second cycle, linked to the 1988/89 Estimates process, has been initiated.

In response to the Canadian Radio-Telecommunications Commission's (CRTC) Public Notices 1985-209 and 1986-86, the Foundation submitted briefs to the Commission recommending that Regulations governing **broadcast alcohol advertising** be strengthened to increase advertising restrictions, and that compliance with strengthened Regulations become a condition of broadcast licensing. The Chairman of the Board presented the Foundation's position at CRTC Public Hearings on this issue in Hull, Quebec in May 1986. Subsequently, the CRTC announced its intention not to proceed with the proposed changes, and to strengthen its role in alcohol advertising regulation.

In response to the introduction of **very low alcohol content beverages** for sale in Manitoba grocery and convenience stores, staff conducted a review of the issue. As a result, the Board of Governors adopted a position statement that since the uncontrolled sale to, and consumption of, these beverages by young children may be a health concern, these beverages should be treated with appropriate caution and concern by retailers and parents.

A discussion paper on the issues related to the provision of alcohol and drug services to Native Manitobans has been prepared as part of the development of a proposed **Native Services Policy.** The Discussion Paper has been sent to several Provincial Government Departments requesting review and response.

The Sub-Committee reports of the Federal **Task Force on Program Review** and the Manitoba **Health Services Review** were reviewed. If implemented, recommendations in both Reports have implications for the AFM. Federal-Provincial cost-sharing arrangements, Native service responsibilities, and high-cost residential treatment vs. day and community services are some of the issues impacted by these Reviews.

Recent amendments to City of Winnipeg **zoning by-laws** were reviewed to determine the potential impact on AFM or funded agency residential treatment facilities. As a result of the review, court action to quash the by-law has been initiated by the AFM on the basis that it discriminates against clients of alcohol and drug programs.

The fourth annual Summer School, **"Current Issues in Chemical Dependency,"** jointly sponsored by the Foundation and the University of Manitoba, was held in August. Plenary sessions led by noted experts dealt with community responses to disease, the design of out-patient services, women's issues in addictions and recovery, and the emergence of concerns related to adult children of alcoholics. The fifth annual Summer School will take place in August 1987.

Directorate staff assumed responsibility for preparatory activities relating to the introduction of the provincial **Freedom of Information Act.**

The Directorate's Research and Data Systems Unit has developed and implemented procedures for the ethical review of research proposals from researchers external to the Foundation who wish to conduct studies involving the Foundation's clients, staff and data base. An **External Research Review Committee** has been established, comprised of representatives from the Foundation and the Universities of Manitoba and Winnipeg. Similar procedures and an **Internal Research Review Committee** will be established in early 1987 to review research proposals to be conducted internally by Foundation staff.

The Foundation's statistical client data base--the **Uniform Data System** (UDS)--is under review to develop a more effective data collection, compilation and reporting system appropriate to program, policy and planning requirements. The review is scheduled to be completed in April 1987. The Directorate prepared a variety of **statistical reviews and reports** during the course of the year for management, program staff and funded agencies based on UDS data.

Directorate staff prepared the 1986 edition of **Fast Facts** , a summary of recent research and answers to frequently-asked questions about alcohol and drug problems, which received wide distribution throughout the Province.

Directorate staff prepared the Foundation's contribution to Canada's submission to the United Nations General Assembly on Narcotic Drugs Comprehensive Multi-disciplinary Outline of Future Activities in **Drug Abuse Control.** Canada's response and those of other countries will be considered at an international conference on Drug Abuse and Illicit Trafficking in Vienna in 1987.

The Directorate has begun a series of **outcome evaluations** to be conducted over the course of the next four fiscal years. The evaluation of the **Tuning In To Health** program--an education and awareness program designed as part of the Health curriculum--is in the initial design stages. Funding sources for an evaluation of the **Impaired Drivers Program** are being explored. The results of these evaluations will provide the data necessary to determine the effectiveness and efficiency of these two major AFM programs. Future plans include evaluations of the Residential and Non-Residential Treatment programs.

The **Service Standards Development Project** has been undertaken to develop and implement service standards and a process for auditing the standards within the Foundation. This three-year project involves the participation of staff from all regions of the Province to ensure consistent, uniform service delivery, and a method for measuring compliance through the use of inter-disciplinary audit teams.

The Directorate undertook the provision of a **Basic Computer Training program** for staff conducted by a Student Temporary Employment Project (STEP) placement. Training was provided to 28 staff during the summer months, including two-day individual hands-on experience with a PC and software packages.

Directorate staff conducted a study of the need for a **Central Occupancy Register** to match clients waiting for beds in residential treatment with available beds in other locations in the Province.

Extensive liaison and consultation continued with all external agencies funded by the Foundation. Discussion focussed on resource requirements, service delivery, data requirements for the Uniform Data System, staff training and program consultation. Review of new submissions to the Foundation for external program funding is carried out by the Directorate.

In cooperation with Manitoba Community Services and the Federal-Provincial-Territorial Sub-Committee on Alcohol and Other Drug Problems, the Foundation is participating in efforts to improve **cost-sharing** under the provisions of the Federal Vocational Rehabilitation of Disabled Persons Act (VRDP).

THE DIRECTORATE OF SUPPORT SERVICES

The Directorate of Support Services provides service, advice, direction and control to the organization in the functional areas of financial planning, accounting, personnel, information dissemination, and building operations and maintenance.

The Finance Department provides for the planning, controlling, operating, and administration of the accounting, budgeting, finance and purchasing systems of the Foundation.

This Unit continues to monitor its financial systems with the view to ensure efficient and effective internal control mechanisms in the Foundation.

Planning associated with applying micro computer technology to present and proposed financial systems was initiated in the current fiscal year. Over the next few years, staff training and development in this area will be crucial elements in the systems implementation process.

The Personnel Department is accountable for the development, implementation and maintenance of comprehensive personnel management programs for the AFM. Throughout the year, ongoing services were provided in such areas as recruitment and selection, job evaluation, pay administration, employee relations, management training in personnel functions, policies and procedures.

During this year, negotiations for the Pay Equity process began. Management and Union representatives attended an information seminar sponsored by the Pay Equity Bureau.

The demand for consultation on issues relating to employee relations remains high. Supervisors and Managers continue to consult with Personnel on matters prior to implementing courses of action.

The Library Services Department serves as a resource centre for Manitoba students, professionals, the general public and the Foundation's staff. The William Potoroka Memorial Library, a key component of the department, holds the province's largest and most versatile collection of books and other material on all aspects of substance abuse.

Altogether the Library houses over 3,500 books; 100 current journals and newsletters; 350 audio visual titles; and 120 vertical files containing newspaper clippings, reprints, reports and studies on alcohol and other drugs.

Library Services include: the distribution of information packages on frequently asked questions; quarterly lists of new book and audio visual acquisitions; inter-library loans; reference services; and consultations on the development of book and audio/visual collections to schools and organizations.

In 1986/87, the Library's journal holdings were listed in both the Manitoba Health Libraries Association Union List of Selected Serials and the new Serials Finding List; Serials Currently Received in Manitoba Libraries. The listing provides the public access to journals in the field of substance use and abuse not available in any other library. As well, sample packages of AFM pamphlets and brochures were distributed to all hospitals, medical nursing units and health centres in the province.

The Building Operations Department is responsible for the maintenance, renovation and daily building operations of the Alcoholism Foundation of Manitoba facilities in Winnipeg. In addition, it provides housekeeping and food services to the Treatment Centre at 1041 Portage Avenue.

During the past six years, this Department has coordinated the Foundation's extensive renovations program which this year focused on the renovations of the facilities at 100 and 124 Nassau for the housing of the Impaired Drivers' Program.

This year, the Building Operations Department coordinated the conversion of all the Winnipeg Facilities' telephone systems to one Centrex telephone system providing improved efficiency and personalized service to the public.

STATISTICS

Public Information and Education Services

The Alcoholism Foundation of Manitoba provides a wide variety of information and education services for professionals, students, and other members of the public. These services range from five-day intensive educational sessions for professionals, to seminars for employers and union representatives, to one- and two-hour awareness events for interested citizens and communitygroups. These services are provided by the AFM's Community Education Services Unit, field workers and counsellors.

In 1986/87, the Foundation sponsored 390 information and education events that were attended by 10,575 participants. The different types of sessions and the number of participatns who attended each are shown in the following table.

Information and Education Services 1986/87

Type of Presentation	Number of Sessions Held	Number of Participants
Staff Development Courses eg. Chemical Dependency Intervention Course (CDIC) Counselling Alcoholic Clients (CAC), etc.	32	414
Employee Assistance Programs eg. Seminars for Managers, Employees and Referral Agents	34	743
Structured Prevention Courses eg. Tuning in to Health (TITH) teacher training, Kids & Drugs, Women & Addictions, etc.	37	968
Special Education Workshops eg. Networking/Referral for Treatment, Student Match, etc.	32	808
General Information Sessions eg. Alcohol Awareness, Prevention Education, etc.	254	7402
AFM/University of Manitoba Summer School: Current Issues in Chemical Dependency	1	240
TOTAL	390	10575

As illustrated in the following table, participants in AFM information and education programs represent many segments of the Manitoba public.

Information and Education Participants 1986/87	
Teachers, Principals and Other School Personnel	706
Health Workers (Nurses, Doctors, Other Health Professionals)	1037
Justice System (Probation Officers, Lawyers, Institutional Staff)	244
Social Agency Staff (Child Welfare, Youth Residential Workers, Welfare, Manpower and Other Social Agencies	551
Addiction Agency Staff	273
Employee Assistance Corporations	669
Students	3709
General Public	3386
TOTAL	10575

Treatment Services

Treatment services are specifically designed for chemically dependent persons and are grouped into three categories. **Primary Care Programs** provide a supportive environment for persons who are undergoing latter-stage withdrawal from chemical use. **Residential Programs** offer an intensive educational/counselling experience for persons recovering from chemical dependence. **Non-Residential Programs** are offered on an outpatient basis to both youth and adults who do not require the intensity of a residential program. Non-residential services are also available to persons who complete residential programs and who can benefit from ongoing treatment contact.

The services in this statistical summary were provided either directly by the Alcoholism Foundation of Manitoba or by the private agencies funded by the Foundation.

In the 1986/87 fiscal year, a total of 12,801 units of service were provided to a total of 6,151 individuals. Units of service are admissions to each program. For example, one individual admitted to primary care and subsequently transferred to residential and then non-residential programs would be counted as three services. (See Figure 1)

In 1986/87, the Funded Agency admissions accounted for 29.5% of service units. The AFM's Northern, Western and Winnipeg Regions accounted for 3.5%, 11.7% and 55.2% service units respectively. (See Figure 2)

Treatment Services 1986/87			
	AFM	Funded Agency*	Total
Treatment Service			
- Primary Care	1159	1712	2871
- Residential	1587	1948	3535
- Non-Residential - Youth	805		805
- Adult	5477	113	5590
TOTAL TREATMENT SERVICES	9028	3773	12801

*In most instances, the AFM is a partial funder of services identified under the funded agency category.

Crisis and Shelter Services

Crisis and Shelter Services include persons detained under emergency overnight shelter or receiving emergency services, but do not include those persons housed under The Intoxicated Persons Detention Act.

In 1986/87, a fiscal year total of 22,041 crisis and shelter services were provided by the funded agencies.

Crisis and Shelter Services 1986/87	
Crisis	5887
Shelter	16154
TOTAL	22041

Impaired Drivers Program

The **Impaired Drivers Program** is an assessment, education and treatment service provided in cooperation with the Division of Driver and Vehicle Licensing for persons convicted of impaired driving offences.

A total of 951 convicted impaired drivers were provided services by the AFM in 1986/87.

Treatment Client Service Profile

Since 1979, the Foundation has operated a computerized data system for the primary care, residential and non-residential treatment services provided by both the AFM and the funded agencies.

Information from this system shows that in 1986/87, the 12,801 treatment services described in the Treatment Services Table above were provided to 6,151 individuals exclusive of crisis and impaired driver programs. Highlights from the data system for the past five years are presented in the following summary.

1. The number of individuals who took part in all AFM and Funded Agency programs has increased by 21% in the last five years. In 1986/87, 6,151 individuals received services. (See Figure 3)

2. Of the individuals receiving services in 1986/87, 30% were women and 70% were men. (See Figure 4) These proportions have remained relatively constant for the last five years.

3. During the last five years, the treatment population has become progressively younger. Since 1982, the number of people under 19 years of age increased from 629 to 646 persons. In 1986/87, this group accounted for 10.5% of all individuals served. (See Figure 5) The last five years have also seen an increase in the number of young adults aged 19 to 34, from 2,282 to 3,155 in 1986/87. Sixty-two percent of the treatment population is now under 35 years of age. The number of individuals aged 35 or older has remained relatively constant at approximately 2,300 persons during each of the past five years.

4. On a per capita basis, more individuals from Northern Manitoba (9.8 per 1000) took part in treatment than any other area of the province (provincial average 3.5 per 1000). Since 1982, the largest increases in cases have been in Winnipeg (up 17% over 1982) and in the Eastman, Interlake and Central Regions (up 101% over 1982).

5. In 1986/87, 55% of individuals receiving Treatment Services were unemployed (see Figure 6). This proportion is a slight increase from the previous high of 53% in 1981-82. The proportion of employed persons has decreased in the five years from 1982/83 to 1986/87 from 29% to 26%.

6. In 1986/87, 37% of the referrals to treatment services were self-referrals or referrals by friends or family. A total of 17% were referred from one treatment agency to another as part of the continuum of care. As well, 16% were referred from the legal system, which included courts, lawyers and probation officers. Other referral sources include the various social services, the health system, Alcoholics Anonymous and other mutual help groups, employers and the education system.

FIGURE 1 – TREATMENT

1986–87 TOTAL PROGRAM ADMISSIONS

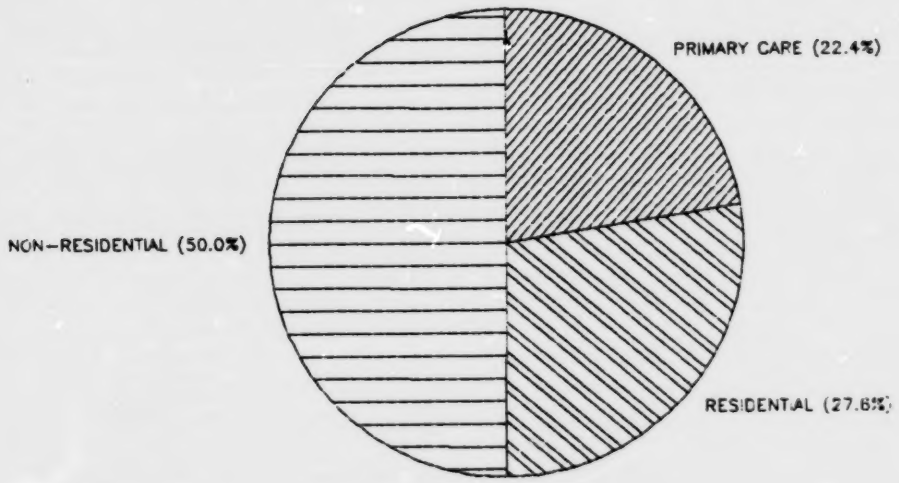


FIGURE 2 – TREATMENT ADMISSIONS

1986–87 AFM REGIONS AND FUNDED AGENCIES

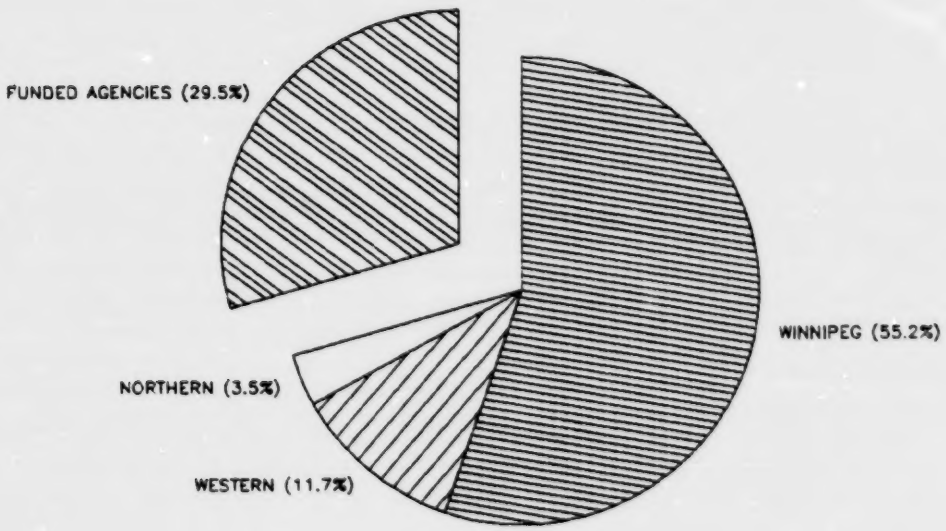


FIGURE 3 – PROVINCIAL OVERVIEW

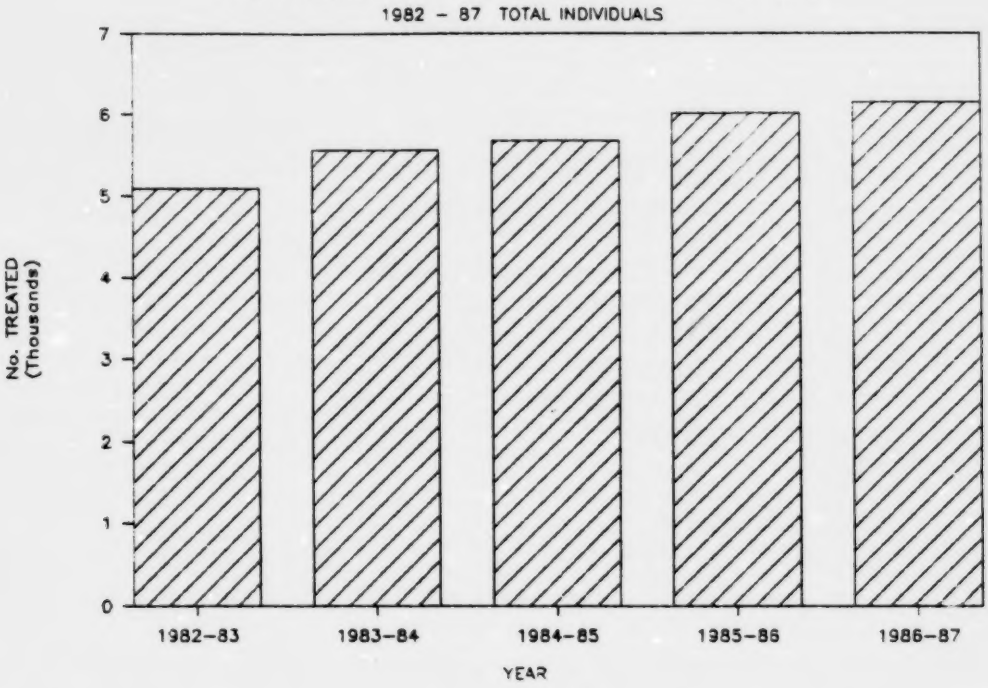


FIGURE 4 – PROVINCIAL OVERVIEW

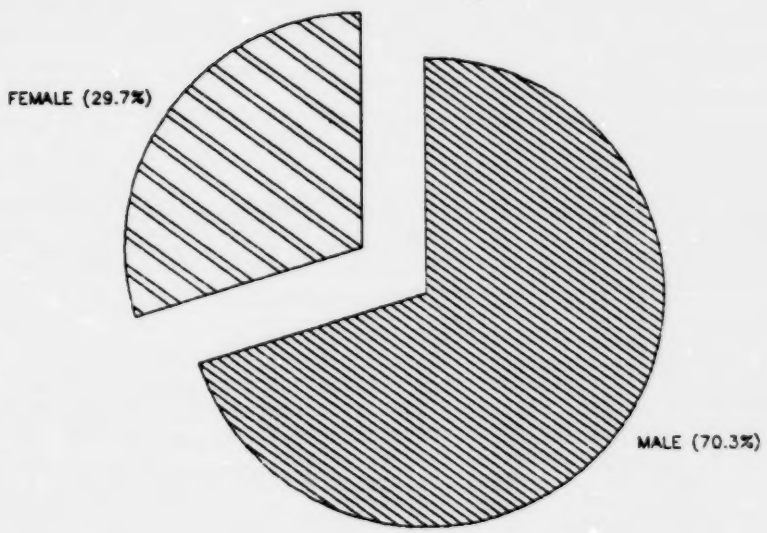


FIGURE 5 – PROVINCIAL OVERVIEW

1986 – 87 AGE PERCENTAGES (INDMIDUALS)

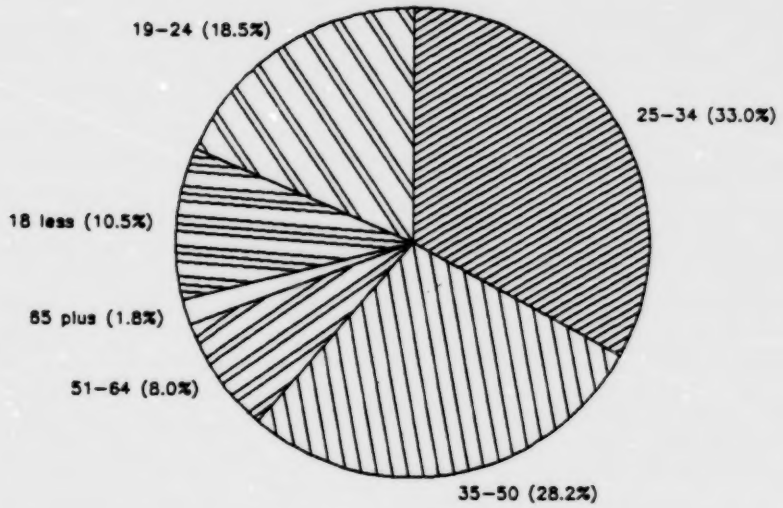
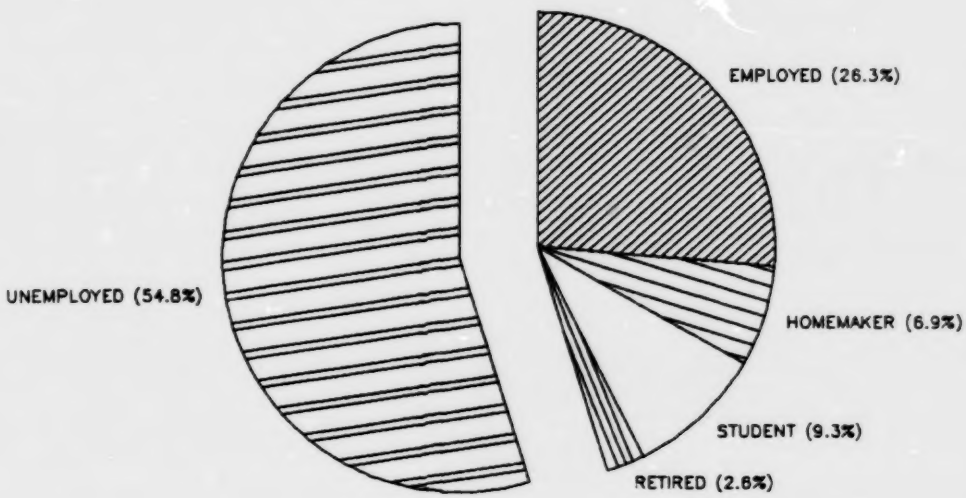


FIGURE 6 – PROVINCIAL OVERVIEW

1986–87 EMPLOYMENT PERCENTAGES(INDIV.)



AFM SERVICES

AFM programs are operated at the following centres:

WINNIPEG REGION

1041 Portage Avenue
- Reception Unit/Intake Assessment
- Male Residential/After Care Program
- Non/Residential Program

1031 Portage Avenue
- Community Programs
- Administration
- Community Education
- EAP Services
- Information Area

River House
588 River Avenue
- Women's Residential/ After Care Program

Christie Centre
586 River Avenue
- Non-Residential Youth Program

Nassau House
100 Nassau Street
- Impaired Drivers' Program

124 Nassau Street
- Impaired Drivers' Program

Stony Mountain Penitentiary
Stony Mountain, Manitoba
- Education Program

Headingley Correctional Institute
Headingley, Manitoba
- Education Program

Areas Also Served

Provincial Building
25 Tupper Street North
Portage la Prairie
- Non-Residential

Carman	Treherne
MacGregor	Elm Creek
Long Plains	Westbourne
Sandy Bay Reserve	Langruth
Morden	Winkler

Johnson Memorial Hospital
P.O. Box 449, **Gimli**
- Non-Residential

Teulon	Stonewall
Eriksdale	Ashern
Riverton	Arborg
Winnipeg Beach	Fisher Branch

Provincial Building
1st Street, **Beausejour**
- Non-Residential

Pinawa	Lac du Bonnet
Pine Falls	Ste. Anne
Niverville	Steinbach
La Broquerie	Whitemouth

AFM Worker
3rd Floor - 343 Main Street
Selkirk
- Non-Residential

WESTERN REGION	**Areas Also Served**	
Sun Centre 24-10th Street, **Brandon** . Reception Unit . Residential Treatment (Co-Ed)		
Matheson House 1039 Louise Avenue, **Brandon** . Intake/Assessment . Non-Residential	Pipestone Hartney Reston Virden Souris Austin	Carberry Glenboro Shilo
Willard Monson House P.O. Box 490, **Ste.Rose du Lac** . Intake/Assessment . Male & Female Residential		
AFM Workers 302 Main Street, **Dauphin** . Non-Residential	Ochre River Sifton Grandview Crane River Fork River	Roblin Alonsa Winnipegosis
AFM Worker General Delivery, **Rossburn** . Non-Residential	Russell Shoal Lake Sandy Lake	Miniota Foxwarren
AFM Worker Box 40, **Minnedosa**	Neepawa Gladstone	Kelwood Onanole
AFM Worker Swan River Hospital P.O. Box 1450, **Swan River** . Non-Residential	Birch River Lenswood Minitonas Pine Creek Reserve	Benito Cowan Mafeking Pelican Rapids

NOTHERN REGION

Areas Also Served

Polaris Place
23 Nickel Road, **Thompson**
. Residential Treatment (co-ed)
. Non-Residential Treatment
. Half-way House
. Prevention
. Impaired Drivers' Program

Wabowden

AFM Field Worker
The Pas Health Centre, **The Pas**
. Prevention Services

Moose Lake
Easterville
Cormorant
Grand Rapids

AFM Workers
Flin Flon Hospital, **Flin Flon**
. Non-Residential Treatment
. Prevention
. Driving While Impaired

Cranberry Portage
Snow Lake
Sherriton

AFM Worker
Box 715
Gillam
. Non-Residential

Limestone/Sundance
Bird
Ilford

AFM Worker
26 Nisky Bay
Leaf Rapids
. Non-Residential

Lynn Lake
South Indian Lake

OTHER SERVICES FOR THE CHEMICALLY DEPENDENT

The Foundation's policy of continuation of care includes cooperation with community services such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, Youth Alcoholics Anonymous, and Youth Families Anonymous, as well as private agencies providing services in treatment and rehabilitation in the Province.

In addition, the Foundation provided funds to the following agencies:

Alcohol Recovery Inc.
Winnipeg, Manitoba

Churchill Health Centre
Churchill, Manitoba

Main Street Project*
Winnipeg, Manitoba

Sagkeeng Alcare Centre
Fort Alexander Reserve
Pine Falls, Manitoba

Kia Zan, Inc.
Winnipeg, Manitoba

Native Alcoholism Council
Winnipeg, Manitoba

Rosaire House
The Pas Health Complex
The Pas, Manitoba

Salvation Army Harbour Light
Winnipeg, Manitoba

St. Norbert Foundation
Winnipeg, Manitoba

Women's Post Treatment Project
Winnipeg, Manitoba

*As of April 1/87, the funding of Main Street Project was transferred from the AFM to Department of Community Services.

Manitoba

Office of the Provincial Auditor

THE ALCOHOLISM FOUNDATION OF MANITOBA

Auditor's Report and Financial Statements
for the year ended March 31, 1987

Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA

REPORT OF THE PROVINCIAL AUDITOR'S OFFICE

We have examined the financial statements, being Exhibits A and B and Schedule 1, of The Alcoholism Foundation of Manitoba for the fiscal year ended March 31, 1987. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

In our opinion, these financial statements present fairly the financial position of the Foundation as at March 31, 1987 and the results of its operations for the year then ended in accordance with the accounting policies stated in note 2 to the financial statements applied on a basis consistent with that of the preceding year.

F. H. Jackson, CA,
Provincial Auditor.

May 26, 1987,
Winnipeg, Manitoba.

THE ALCOHOLISM FOUNDATION OF MANITOBA
(Incorporated under the laws of Manitoba)

Balance Sheet as at March 31, 1987

A S S E T S

	1987	1986
Cash	$ 62,967	$ 195,214
Accounts receivable	58,227	32,776
Prepaid insurance	14,386	13,414
Land and buildings, at cost (Note 2)	1,877,161	1,877,161
	$ 2,012,741	$ 2,118,565

L I A B I L I T I E S

Accounts payable and accrued liabilities	$ 209,548	$ 167,162

CAPITAL AND RETAINED EARNINGS

Capitalized land and buildings	$ 1,877,161	$ 1,877,161
Retained earnings (deficit), Exhibit B	(73,968)	74,242
	1,803,193	1,951,403
	$ 2,012,741	$ 2,118,565

Approved by the Board:

Governor _____

Governor _____

Exhibit B

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Revenue and Expenditure
Year Ended March 31, 1987

	1987	1986
Revenue:		
Province of Manitoba operating grant	$ 9,933,600	$ 9,342,700
Other revenue	457,231	297,513
	10,390,831	9,640,213
Expenditure:		
Grants to other agencies	2,270,900	2,121,000
Salaries	5,341,509	4,986,186
Wages and other assistance	524,687	517,237
Advertising and exhibits	15,507	18,280
Audio-visual aids	25,362	37,341
Audit	4,878	3,980
Automobile	132,992	127,739
Board of Governors' honorarium	18,200	19,600
Books, newspapers and periodicals	18,676	15,536
Canada Pension Plan	77,052	69,245
Dental claims	44,368	33,788
Educational literature	74,008	44,043
Fees	85,008	77,188
Furnishings and equipment	122,941	35,572
Group life and accident insurance	23,668	22,371
Group long-term disability insurance	48,393	46,303
Health and post secondary education tax levy	89,878	81,935
Household requisites	65,218	60,910
Materials, repairs and maintenance	223,424	135,722
Medical services and supplies	96,602	81,877
Miscellaneous	18,423	16,572
Postage and telephone	146,367	129,745
Printing, stationery and office supplies	105,917	76,919
Property taxes	64,182	62,748
Rent and insurance	66,802	61,921
Research grants and evaluation projects	7,675	5,000
Staff development	51,548	24,271
Subsistence	239,450	226,660
Superannuation	55,522	52,893
Training	36,417	32,905
Transportation of patients	13,572	14,678
Travel	145,613	130,760
Unemployment insurance	149,959	138,206
Utilities	134,323	144,288
	10,539,041	9,653,419
Excess of expenditure over revenue	148,210	13,206
Retained earnings, beginning of year	74,242	87,448
Retained earnings (deficit), end of year	$ (73,968)	$ 74,242

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Cash Receipts and Disbursements
Year Ended March 31, 1987

	1987	1986
Cash receipts:		
Province of Manitoba operating grants	$ 9,933,600	$ 9,342,700
Other	431,742	322,110
	10,365,342	9,664,810
Cash disbursements, including grants to external agencies	10,497,589	9,626,198
Excess of disbursements (over) under receipts	(132,247)	38,612
Cash, beginning of year	195,214	156,602
Cash, end of year	$ 62,967	$ 195,214

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1987

1. Nature of the Foundation

The Foundation is incorporated under the Alcoholism Foundation of Manitoba Act. The Foundation is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans.

2. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exceptions that pension charges are reflected as incurred (explained in note 4), the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase, and there has been no provision made in the accounts for depreciation of buildings, which were acquired with specific grant funds from the Province of Manitoba.

3. Lease Commitments

The Foundation leases buildings, vehicles and equipment under long-term operating leases which expire at various dates between 1988 and 1992. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1987.

1988	$ 68,687
1989	47,785
1990	26,772
1991	16,862
1992	1,127
	$ 161,233

4. Pension

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to superannuation expenditures as incurred. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. On the basis of an actuarial report, the estimated unfunded liability for the Foundation's employees amounted to $2,827,200 as at December 31, 1986 ($2,321,200 as at December 31, 1985).

THE ALCOHOLISM FOUNDATION OF MANITOBA
CASH RECEIPTS AND EXPENDITURES SUMMARY
YEAR ENDED MARCH 31/1987

DIVISION	ESTIMATES ($000's)	EXPENDITURES ($000's)	VARIANCE ($000's)	EXPLANATION NUMBER
Provincial Executive	$ 163.9	$ 148.8	$ 15.1	
Planning & Research	339.1	326.4	12.7	
Support Services				
- Directorate Services	95.5	78.6	16.9	
- Finance	176.5	193.3	(16.8)	
- Bldg. Operations	614.5	696.3	(81.8)	1.
- Personnel	257.3	310.5	(53.2)	2.
- Library	118.1	117.9	.2	
Subtotal	1,261.9	1,396.6	(134.7)	
Program Delivery				
- Provincial Services	251.3	241.0	10.3	
- Winnipeg Region	3,701.6	3,418.8	282.8	3.
- Western Region	1,726.2	1,665.4	60.8	
- Northern Region	1,126.2	1,029.6	96.6	4.
Subtotal	6,805.3	6,354.8	450.5	
Funded Agencies	2,248.5	2,270.9	(22.4)	
Total Expenditures	$10,818.7	$10,497.5	$ 321.2	
Total Receipts	$10,818.7	$10,365.3	$(453.4)	5.
Excess of Expenditures Over Receipts		$ (132.2)		
Cash, Beginning of Year		$ 195.2		
Cash, End of Year		$ 63.0		

EXPLANATIONS:

1. The overexpenditure was due mainly to the following:
   a) increases in maintenance and repair requirements associated with general upgrading and safety/security matters $(29.7).
   b) increases in food costs and other treatment facility operational costs due to higher occupancy rates $(18.1).
   c) increases in computer-related expenditures and furnishing and equipment requirements $(37.0).

2. The overexpenditure was due mainly to the following:
   a) increases in expenditures relating to dental claims, pension transfer payments and legal fees for all Foundation employees $(43.8).
   b) increases in expenditures relating to staff relocation expenses and travel $(8.4).

3. The underexpenditure was due mainly to the following:
   a) decreases in Impaired Drivers' Program expenditures due to delays in program implementation $215.8.
   b) decreases in staff costs due to the timing involved in filling vacant positions $40.0.
   c) decrease in automobile and travel expenditures due to staff vacancies $21.3.

4. The underexpenditure was due mainly to the following:
   a) decreases in Impaired Drivers' Program expenditures due to delays in program implementation $44.2.
   b) decreases in staff costs due to the timing involved in filling vacant positions $45.6.

5. The reduction in cash receipts was due to:
   a) reduced revenue due to the program start-up delay of the Impaired Drivers' Program $(336.7).
   b) decrease in the funding allocation $(202.7).
   c) increases in Other Revenue $86.0.